

GRIZZLIES BASEBALL ACADEMY

CATCHING CLINIC



CATCHING FUNDAMENTALS:

- SET-UP
- RECEIVING
- FRAMING
- BLOCKING
- TRANSFER & THROWING
- FOOTWORK
- SITUATIONAL AWARENESS
- PITCH CALLING
- LEADERSHIP
- FLEXIBILITY

INSTRUCTORS:

- MATT BROWN
 - FORMER GATEWAY GRIZZLIE.
 - CURRENT GRIZZLIES BASEBALL ACADEMY INSTRUCTOR.
 - VIEW MATT'S BIO ON OUR WEBSITE.
- RICHIE BOATMAN
 - VIRTUAL COACH & MENTOR.
 - TEXAS BASEBALL RANCH LEADERSHIP GROUP.
 - FORMER ST. AMBROSE UNIV. PLAYER.

FORMAT:

- 8 WEEKLY SESSIONS
- 1-HOUR PER WEEK
- MAX OF 10 PER GROUP
- INDOOR TRAINING
W/OUTDOOR POSSIBILITIES

DATE & TIME:

- OCTOBER 16 – DECEMBER 4.
- EVERY SATURDAY.
- TIME SLOTS TBA.

COST:

- \$300/STUDENT

REGISTRATION:

- PLEASE EMAIL OR CALL TO REGISTER.



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